

FREE

Vol. 28 Issue 11/17

Thursday 16th - Thursday 23rd March 2017



KINSALE ADVERTISER

INCLUDING THE GUIDE TO **WHAT'S ON** IN KINSALE & DISTRICT

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We are also open on Mother's Day

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2017

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Actons

of Kinsale

**THE VAN WILL BE BACK FOR
ST. PATRICK'S WEEKEND**

**Open Thursday 16th March, 6pm-9pm
Friday 17th March, 12noon-6pm**



We would like to give a warm welcome to our fellow Newport friends as they are here in Kinsale to celebrate St. Patrick's Weekend.



ACTONS HOTEL KINSALE 021 4779900



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DONER MEAT MEAL	€7.00
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CHICKEN KEBAB MEAL	€9.00
APACHE SPECIAL KEBAB MEAL	€10.00

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Showcasing your community

Kinsale Enterprise Town

Dates:

Friday 7th April, 6pm - 9pm
Saturday 8th April, 10am - 1pm

Venue:

Sáile Community Hall, Kinsale

For more details or to register please contact
a member of staff in Bank Of Ireland Kinsale

bankofireland.com/enterprisetown

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THURSDAY 23RD MARCH
7.00pm



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THE SILENT BANJO

Main Street, Kinsale

Thursday 16th March

TINTEAN 9.30pm

Friday 17th March

JOE FITZ 6pm

DOTS & HENNY 10pm

Saturday 18th March

THE JOOLS 10pm



Showing all the 6 NATIONS RUGBY

Wishing everyone a very happy St. Patrick's Day





MACDONALD
KINSALE HOTEL & SPA

Give Hope this

Mother's Day

Sunday, March 26th



4 course
Sunday Lunch

€29.95
pp

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Don't forget

Mother's Day

26th March

March 18th – 25th



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PRESENTS

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- FRI 7TH**
8PM SHARP

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MASSIVE STOCK CLEARANCE SALE THIS WEEKEND



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*Wishing the
best of luck to
St. Patrick's Day
Parade Committee*



Celebrate St. Patrick's Day in Kinsale's most Historic Hotel



BLUE HAVEN HOTEL

DELICIOUS FOOD SERVED ALL WEEKEND

LIVE MUSIC EVERY NIGHT

- Fri Traditional Irish Music
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- Sat Two Time Polka from 10pm
- Sun Trad Sessions from 8.30pm
(All Musicians welcome)



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April 11th - 13th

April 18th - 20th

10am - 4pm Cost €85

3 DAY SAIL CLINIC

April 11th-13th

April 18th - 20th

10am - 4pm Cost €105

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TRIDENT

HOTEL ★★☆☆ KINSALE

St. Patrick's Celebrations

Thursday 16th March

- Foredeck Bar open from 6pm-10pm
- Harbour-side BBQ from 6.30pm
- Or enjoy the fireworks display and beautifully lit boats sailing into the harbour from your waterside table in The Pier One Restaurant
Dinner served from 7pm-9pm
- Maritime Parade and Fireworks Display 7.30pm

Friday 17th March

- Foredeck Bar open from 4pm-9pm
- St. Patrick's Day BBQ from 4pm
- Patrick's Day Street Parade 4pm



Wear your best costume and join us for lots of fun!

For more information and reservations call **021 4779300** or email info@tridenthotel.com





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Happy St. Patrick's Day



Welcome to the delegation from Newport, Rhode Island

SPORTS

Saturday 18th March

West Brom v Arsenal 12.30pm

Sunday 19th March

Spurs v Southampton 2.15pm

Man City v Liverpool 4.30pm



Saturday 18th March
5pm

**IRELAND
V
ENGLAND**

ALL 6 NATIONS RUGBY SHOWN

CHELTENHAM GOLD CUP Fri 17th March

First Race 1.30pm Last Race 5.15pm

ALL RACES SHOWN LIVE INCLUDING LAST 2 RACES ON RACING UK

FOOD SERVED ALL DAY

BREAKFAST

8am-11.30am

BAR/BISTRO

12pm-10pm

DINNER

6pm-10pm



LIVE MUSIC

Friday 17th March

King K 10.30pm

Saturday 18th March

Two of a Kind

7pm-9pm

Chapter Two

10.30pm-12.30am



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KINSALE DENTAL

Wishing everyone
a very happy
St. Patrick's Day




Nervous about visiting us?

*We now have
the solution!*

“Happy Gas” can be provided
by our latest addition to the
team, Dentist Maeve Murphy.



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KINSALE   

FRI 17th MAR - PADDY'S DAY
ANTHONY DINEEN 5pm

SAT 18th MARCH
LONG BEACH 9pm
followed by DJ FITZ LATE BAR

SUN 19th MARCH
LIVE MUSIC 9pm

MONDAYS **CHASE THE ACE** 9pm
LARGE JACKPOT WEEKLY
TUESDAYS **ROLL THE DICE** 6pm
SALSA BEGINNER'S CLASS
8pm-9pm Upstairs in VIP Room
WEDNESDAYS **BINGO** LARGE JACKPOTS 8.30pm

CASEY'S BAR & RESTAURANT, MARKET ST, KINSALE 087 798 3393



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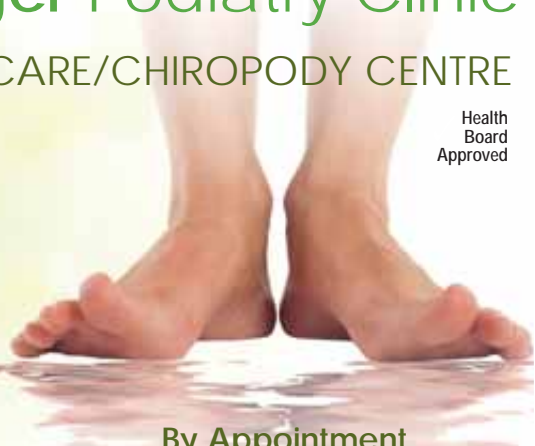
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Pain Management / Rehabilitation / Functional Exercise



Some conditions treated in the clinic:

- Headaches
- Migraines
- Neck Pain
- Back Pain
- Shoulder Pain/Problems
- Elbow/Wrist Problems
- Carpal Tunnel Syndrome
- Postural Distortions
- Hip Pain/Discomfort/Problems
- Knee Pain/Problems
- Ankle/Foot Problems
- Sciatica
- Nerve Entrapment
- Joint Pain/Discomfort
- Strains/Sprains
- Sports Injuries/Recovery
- Soft Tissue Repair
- Connective Tissue Repair
- Muscular Disorders/Conditions
- Coordination Development
- Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

By appointment: **Sabine Graef** (BEd., SMT, NMPT)

Mobile **087 9872783**

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We have spent several years researching the traditional cuisine of Eastern communities who have been persuaded to part with their jealously guarded family recipes, resulting in a huge variety of very mild to hot dishes.

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Why not try something very mild for your first taste of curry.

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HOUSE of **HAIR**

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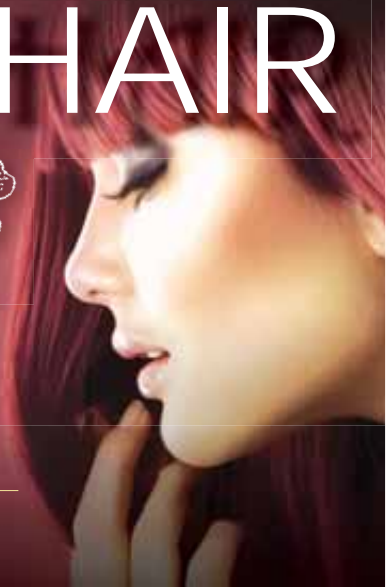
*Wishing everyone a happy
St. Patrick's Day*



*Book early for
Mother's Day*
Sunday 26th March

OPENING TIMES

MON: From 10am. TUES - FRI: 9am-6pm. SAT: 8.30am-5pm.
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KINSALE
ST. PATRICK'S DAY
THURSDAY 16th MARCH 7.30pm



Photo by John Allen

Light Up & Shine at the
MARITIME PARADE
IN THE HARBOUR

Prizes for Brightest Dressed Adult, Youth & Child
Fireworks Display



ST. PATRICK'S DAY
FRIDAY 17th MARCH

- 10am-4pm** Kinsale Museum open today
- 12pm** Blessing of the Shamrock at St. John the Baptist Church
- 2pm** Céilí Mór at Emmet Place followed by Free Face Painting & Live Music at Fat Face (sponsors of Best Dressed Child at Day Parade)
- 2pm** Presentation of prizes for Children's Art Competition at the Tourist Office
- 2pm - 5pm** Face Painting & Balloon Art at various locations throughout the town
- 4pm** **STREET PARADE**
Grand Marshal Sr. Mary Donovan
Starting at Kinsale Fire Station, The Glen, Pearse St, Barry's Place to Emmet Place, down Pier Road



Photos by John Allen

Prizes for Best Dressed Adult, Youth & Child at the Street Parade



Prizes for Best Dressed Shop Window

Looking forward to welcoming all our visitors from Newport, Rhode Island

Email: kinsaleparade@gmail.com

SAM'S BAR

SNUG AND BEER GARDEN

The Glen, Kinsale Tel: 021 4700816

- Thur 16th March** **IRISH DRAUGHT**
with **Geno the Whistler**
- Fri 17th March** **FORGET ME NOTS** 6pm
SUNBURNT CROWS 10pm
- Sat 18th March** **FORGET ME NOTS**
- Sun 19th March** **THE AMERICANICS**



Kick off your Paddy's Day Parade at Sam's with Steam Engines & Motorcycles



Showing all the 6 Nations Games at Sam's!
Saturday 18th March
IRELAND v ENGLAND, 5pm



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Workshop in Ireland

SOUL INFUSIONS

Temperance Hall, Kinsale
Sat 18th / Sun 19th March

The year 2017 is a year of incredible richness and complexity. Thus it is more important than ever, to be centred in your essence and prepared to absorb all the abundance possible.

This workshop is designed to support you in this process. Each integrated chakra will be infused with the new frequencies available to us in this year.



For bookings contact Christina
tinasieber@hotmail.com
or **089 9623399**

For info about Jhadten Jewall
visit www.sacredspaces.net

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The Spaniard

SCILLY, KINSALE

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Friday 17th March, 10pm

♣ St. Patrick's Day ♣

JUG 'A' PUNCH

Saturday 18th March, 10pm

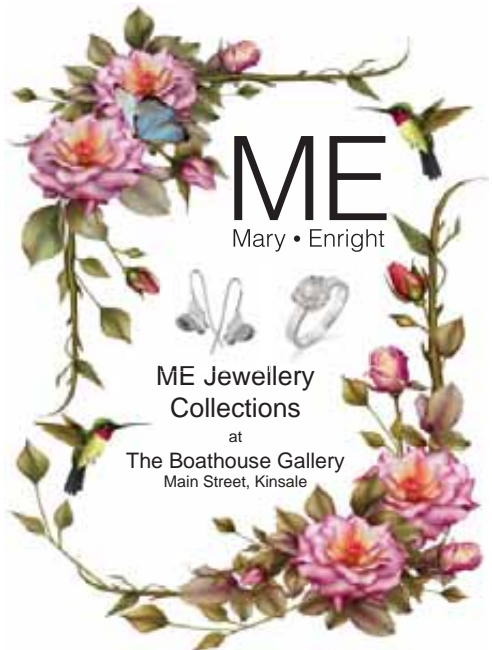
FOR FOLK SAKE

Sunday 19th March, 7pm-9pm

SKELLIG

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**NEW GIN MENU
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THURSDAY 16th MARCH 9.30pm

MIKE & NIALL

2 Piece Folk & Contemporary



FRIDAY 17th MARCH 10.30pm

GDR

3 Piece Folk Rock

SATURDAY 18th MARCH 10pm
HOT BLOODED ANIMALS

4 Piece Blues Rock

SUNDAY 19th MARCH 9pm

KING K

5 Piece Rockin' Covers

FRIDAY 24th MARCH 10.30pm

AFTER HOURS

3 Piece Rock Covers

Bacchus Nightclub

FRIDAY 17th MARCH DJ MARK

90s Club Classics & Chart. Doors 11:30pm. Free before 12.

SATURDAY 18th MARCH DJ SEAN

90s Club Classics & Chart. Doors 11:30pm. Free before 12.

SATURDAY 25th MARCH DJ SEAN

90s Club Classics & Chart. Doors 11:30pm. Free before 12.

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Six Friday Sessions (excluding Good Friday)
FIRST SESSION IS FREE

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Kinsale Chamber of Tourism & Business

ANNUAL GENERAL MEETING

Tuesday 21st March

7.30pm

The Trident Hotel

All members encouraged to attend

www.kinsale.ie

LEMON LEAF

70, Main Street, Kinsale

Tel: 021 470 9792

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Open: Monday - Saturday 8.30am to 5.30pm

The
ARMADA
BAR & GUESTHOUSE

PEARSE STREET, KINSALE Ph: 021 477 2255

Friday 17th March, 6pm
THE PURE DROP

Saturday 18th March
SEAN TREACY

Sunday 19th March
THE PURE DROP

Wishing everyone a happy St. Patrick's Day

Free Wi-Fi



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Kinsale Neighbourhood Watch

INTERNET SECURITY TIPS

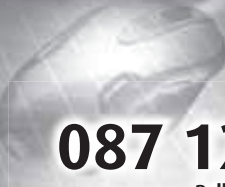
- Use Unique Strong Passwords for all your accounts - Do not use the same password for all accounts.
- Keep your computer virus protected.
- You are vulnerable when you are on an Open Wi-Fi Network.
- Password Protect your own Wi-Fi Network.
- Check to make sure the site is legitimate before making a purchase.
- Reject / Ignore Facebook requests to be your friend from people outside your circle or people unknown to you.
- Watch out for Phishing Scams - these are sneaky attempts to get your financial data.
- Don't open strange emails or emails from unknown sources.
- Keep your account under control - Your data is only as secure as the people you share it with.

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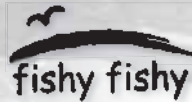
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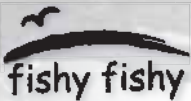
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